KORINJI RINZAI ZEN MONASTERY **Sesshin Guest Application**

I HEREBY REQUEST TO BE A GUEST AT KORINJI DURING DAI-SESSHIN

Please check all that apply & specify dates (mm/dd/yy) where shown:

Which Dai-sesshin? (Month/Year): /

☐ I wish to join the **full** sesshin (beginning Monday evening 7:30pm, ending the following Sunday morning 9am).

☐ I wish to apply for **partial** attendance as follows:

☐ Monday evening to Thursday morning

☐ Thursday evening to Sunday morning.

☐ Other (please specify when you wish to arrive and depart:

☐ I wish to be a guest in the monastery residence

☐ I will arrange my own sleeping accommodations in the area (*please inquire for special hotel rates in town*).

☐ [Seniors or persons with physical limitations precluding the usual sesshin daily schedule] I wish to apply for a modified sesshin daily schedule, to be determined in consultation with the abbot.

Personal Info:

Last Name: First Name: Middle Initial:

Street Address: Apt. #:

City: State: Zip/Postal Code:

Country:

Tel: ( ) Email:

Date of Birth: (mm/dd/yy) / / Sex:

# of years Zen practice: Current Zen teacher (if any):

General Questions:

1. What experience do you have in Zen, other Buddhist, or other formal meditation practice? Please list the names of your teachers (past and current) and how long you have studied with them.

2. Are you currently receiving treatment for depression, attempted suicide, chronic pain, an eating disorder, bipolar disorder, obsessive-compulsive disorder, substance abuse, or any mental, psychological, or emotional disorder? Please describe.

3. Are you currently receiving any medical treatment or prescription medication? Please describe.

4. Do you have any food or other allergies? Please describe.

5. Do you have any other physical or mental condition, that could possibly limit your participation in sesshin at Korinji, including participation in physical work, extended periods of meditation, and minimal sleep? Please describe.

6. During your time at Korinj, you will be required (regardless of past experience) to practice according to the instructions of our abbot or other invited teachers. If you currently have a Zen or other Buddhist teacher, have you notified that person of your intention to attend sesshin here, and do you have permission to do so?

7. If you have prior Zen practice experience, please indicate the Zen practice method(s) you currently use in your training (e.g. breath-counting, koan practice, shikantaza, etc.).

For students who are NOT formally training under a teacher's guidance:

During sesshin, *shoken* (the ceremony of formally committing as a student of Meido Roshi, the Korinji abbot) may be offered. Do you wish to apply for this?

Offerings:

Korinji is a private monastic residence, not a business. We do not charge fees. We suggest that you instead make offerings to The Korinji Foundation—a not-for-profit charity—in the amounts below. *No one will be turned away for financial reasons…if you cannot make the suggested offering, please let us know.*

- **Sesshin Full Participation:** $350
- **Sesshin Partial Participation**: $175

☐ I will submit an offering via **PayPal** before arriving (The Korinji Foundation PayPal address: info@korinji.org), in the amount of:

☐ I wish to additionally donate to The Korinji Foundation scholarship fund, supporting those who are unable to make an offering, in the amount of:

Waiver of Liability and Hold Harmless Agreement, and Other Terms:

I understand that sesshin is a period of strenuous traditional Zen training involving some 10 hours or more of formal meditation practice per day, and with minimal periods permitted for rest or sleep. I understand that during sesshin participants may receive sharp verbal correction, and may be invited to receive blows from the *keisaku* stick (used to dispel stiffness and sleepiness during meditation). In accordance with this understanding, and in consideration for participation in sesshin at Korinji and other valuable consideration, I hereby release, waive, discharge and covenant not to sue the Korinji Foundation, its Boards of Directors, the Shareholders, officers, servants, agents, employees or any landowner of any premises where the activity takes place (hereinafter referred to as RELEASEES) from any and all liability, claims, demands, actions and causes whatsoever arising out of or related to any loss, damage, or injury, including death, that may be sustained by me, or to any property belonging to me, whether caused by the negligence of the releasees or otherwise while participating in such activity, or while in, on or upon the premises where the activity is being conducted or in transportation to and from said premises.

In signing this release, I acknowledge and represent that I have read the foregoing Waiver of Liability and Hold Harmless Agreement, understand it and sign it voluntarily as my own free act and deed; no oral representations, statements or inducements apart from the foregoing written agreement, have been made; I am at least 18 years of age and fully competent (or am the legal guardian of the applicant if applicant is under 18 years of age); and I execute this release for full, adequate and complete consideration fully intending to be bound by the same.

I understand that Korinji may deny participation in sesshin to applications for any reason, stated or unstated, and may also terminate the participation of any person at any point during sesshin without stated reason and in its sole discretion and without refund.

I attest that the information I have provided above is true and I accept all terms stated herein.

Signature of Applicant (or guardian):

Date (mm/dd/yy): / /